



My Favourite Things

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PAINTING HOLIDAY IN THE PYRENEES: 4 – 9 July 2010

*Organised by My Favourite Things – www.myft.net - and Cecilia Jaime-
Minimum of 10, maximum of 12 participants.*



➤ The Venue

You will be staying in a beautiful old converted mill, la Fàbrica, in the village of Senterada, at the start of the stunning Vall Fosca valley in the Pyrenean foothills, around two and a half hours drive from Barcelona.

La Fabrica offers a number of very comfortable bedrooms, most sleeping 2, one 3 and one 4, each with its own bathroom. It also has a living/dining room, a cosy bar and a large, shady garden where you can eat.

For more details, check out www.rcplafabrica.com.

To check out the location on Google Maps, click [here](#).



If you want to stay longer in La Fabrica, somewhere in the area or in Barcelona, we can help you, so please let us know asap.

For more places to stay, go to www.myft.net.

➤ **The Programme**

9.00-10.00 a.m.	Breakfast in the garden
10.00-2.00 p.m.	Painting with a small break in the middle
2.00-3.00 p.m.	Lunch in the garden
After lunch:	Free time
8.30 p.m.	Dinner

Please note: This programme will be applicable for every day except the first day. On Sunday a welcome dinner will be served at 8.30 p.m. The next day we start the programme as mentioned. One evening you will be free to dine out.

Please make sure that you are at La Fabrica by 6 p.m. on Sunday the 4th

➤ **The Classes**

The classes will be given by Cecilia Jaime, a Ghent-based Argentinean painter. For more information on Cecilia, go to www.ceciliajaime.com.

The course is designed for everyone: experienced painters and those who have never picked up a brush. The approach will be to take a photo of or sketch of the landscape, a detail, a person, whatever inspires you. Then, we will work on this, using a number of techniques (charcoal, pencil, water-colour, acrylic, etc.). The result can be figurative, abstract, surrealist, whatever: what is important is that you express yourself. After all, Mondrian's orthogonal compositions were based on a tree's branches. Kandinsky, Cézanne and others also found their inspiration in nature.

➤ **Food**

After a day of creativity, do not fear: we will pamper both body and soul with healthy and tasty food inspired by different cultures prepared from fresh, often organic ingredients. Of course, you will also have the chance to try some of the local produce. For the foodies amongst you, you are always welcome to help and learn in the kitchen!

➤ **Optional activities in the afternoon**

If you want to take it easy and relax, you can do so in the garden, at the riverside or by the pool in the village, enjoy the lakes a bit further on, etc. If you are more of an active type, there are



plenty of activities around: kayaking on the lake, fantastic cycling routes, walking in nearby mountains (Aigües Tortes National Park is less than an hour away), visiting local villages, etc. We will provide you with all the info you need. Of course, if your muse insists you keep on painting, we'll try not to get in the way!

⇒ **Price**

545 euros, including painting course, food, drinks, accommodation and organisation

Not included: transport (see below)/ 1 dinner/ material : extra 30 euro, the teacher will bring this.

We do NOT arrange transport, but can put you into contact with other participants to share a car in Spain or from Belgium. As the village is quite remote, we do recommend that you have some kind of private transport if you want to explore the area. There is almost no public transport in the village.

⇒ From Belgium: the cheapest way to fly is with Vueling (Brussels – Barcelona)-
www.vueling.com.

Other options are Brussels Airlines (Brussels-Barcelona)and RyanAir (Charleroi- Girona: from Girona airport you can get to Barcelona by bus, which takes an hour).

If you do not rent a car from the airport, you can take a bus to La Pobla de Segur from Barcelona. We can pick you up from La Pobla de Segur.

⇒ Rental car: As there will be a maximum of 12 participants, one option is to rent 2 or 3 cars from the airport and share them. Obviously, coming with your own car –and sharing the trip (and its costs) with other participants- is another option.

⇒ **Conditions**

Registrations will be open until 15 May. If by that time we have not reached our minimum number of participants, the holiday will be cancelled. If there are only 1 or 2 people too few, charging a supplement is an option, so we can still make it happen. If we really don't have enough people and you have booked your flight you can of course stay in La Fabrica and just enjoy the area.

To register, please make a transfer of 285 euros to the following account asap. The balance must be paid by the end of June. If the course cannot go ahead, we will of course return your deposit.

Bank: Caixa Catalunya

Branch: 0623- Barcelona- Carrer Muntaner-Diputacio

Account name: Katrien Claus

Account number: 2013 0623 11 0200739901

IBAN: ES45 2013 0623 1102 0073 9901



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If you have any questions, please don't hesitate to contact us at info@myft.net or on (34) 637 265 405..

With a maximum of 12 participants, places are strictly limited, so don't forget: book early! Also, the earlier you book, the sooner you make transport arrangements.

